

HLTAID001 Provide cardiopulmonary resuscitation

Course Information:

- ✓ HLTAID001 Provide cardiopulmonary resuscitation is usually referred to as CPR Refresher.
- ✓ There are no pre-requisites for this first aid course so it is perfect for people that have never completed first aid training before or for workplace first aiders looking to update their first aid training.
- ✓ There are pre-course theory requirements for the regular 2hr course but not for the full length 3hr course (check which course you are booking into)
- ✓ The Australian Resuscitation Council recommends HLTAID001 Provide cardiopulmonary resuscitation is renewed every 12 months.
- ✓ This course also includes training in Automated External Defibrillation and replaces the 22101VIC defibrillation course.

Award Issued:

- ✓ Participants assessed as being competent in all assessments will receive a **Statement of Attainment in HLTAID001 Provide cardiopulmonary resuscitation**

Course Requirements:

- ✓ All clients completing this course must have moderate English. All clients will need to complete a few scenarios at the beginning of the class to ensure effective communication.
- ✓ It is a requirement that CPR be demonstrated for a minimum of 2 minutes on the floor using a manikin, if this is not achieved you will not be marked as competent.

Course Duration:

- ✓ 3 hour full version (no theory), or
- ✓ 2 hour version (plus online theory completed 24hrs prior to class)

Training Delivery:

Online Pre- Course Theory – Prior to your class:

- ✓ You are required to complete 1 to 3 hours of pre-course theory.
- ✓ It is a requirement that this be completed 24hrs prior to attending the class.
- ✓ The pre-course theory is made up of 10 modules with quiz questions all being multiple choice.
- ✓ Students who have not completed the pre-course theory will not be admitted into the class and fees will be forfeited.

Practical Assessment Component:

- ✓ In your practical component you will need to complete 1 theory test (multiple choice questions) and practical exercises, you will be assessed by your trainer and have to be marked as competent to pass for your qualification.
- ✓ Practical exercises are completed in groups or pairs and will involve placing participants in the recovery position and practicing CPR on manikins on the floor. Where possible we try to pair the same gender however there may be times when you are required to be paired with the opposite gender.



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For more information regarding our governing body please visit ASQA at <http://www.asqa.gov.au/>

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